

CGS Student-Athlete COVID Protocols:

1. **Student-Athlete has been immunized** (Make sure Jennifer Cox has a copy of ALL immunization documents)
 - a. Student-Athlete/Coach tests POSITIVE for COVID
 - i. Must submit COVID testing date.
 - ii. Must quarantine from CGS/Athletics for 10 days from the day after the test date.
 - iii. Student-Athletes **must return to the doctor and complete the NCHSAA Illness Return to Play form** after 10 day quarantine takes place.
 - iv. After 10 days, student-athlete may return to school per Jennifer Cox.
 - v. After NCHSAA Illness Return to Play Form is submitted to Coach Moyer, student-athlete may return to practice and competition.
 - b. Student-Athlete/Coach is EXPOSED to a person who tests positive for COVID
 - i. Watch for signs and symptoms of COVID.
 1. If symptom free - does not have to be quarantined. Continue school and practice/competition
 2. If showing signs – must quarantine and get tested. Report to Jennifer Cox of quarantine.
 - a. If test is negative, report negative results and return to school/team.
 - b. If test is positive, refer to the above test POSITIVE for COVID protocol.
2. **Student-Athlete has NOT been immunized**
 - a. Student-Athlete tests POSITIVE for COVID
 - i. Must submit COVID testing date.
 - ii. Must quarantine from CGS/Athletics for 10 days from the day after the test date.
 - iii. Student-Athletes **must return to the doctor and complete the NCHSAA Illness Return to Play form** after 10 day quarantine takes place.
 - iv. After 10 days, student-athlete may return to school per Jennifer Cox.
 - v. After NCHSAA Illness Return to Play Form is submitted to Coach Moyer, student-athlete may return to practice and competition.
 - b. Student-Athlete is EXPOSED to a person who tests positive for COVID
 - i. If exposed to someone who has had symptoms/tested positive for COVID and was with them for longer than 15 minutes, less than 6 feet in a 24 hour period, they must quarantine for 10 days.
 - ii. Must report exposure to Jennifer Cox and follow the test POSITIVE for COVID protocol above.