



CLOVER GARDEN SCHOOL

Home of the Grizzlies



November 29, 2020

Dear CGS Families:

On November 27, 2020, we learned about a person with Coronavirus Disease 2019 (COVID-19) at Clover Garden School. This exposure in our program DOES NOT mean that you or your child have COVID-19 or will get sick with COVID-19. We wanted to share this with our staff and families to make you aware of the situation. If you or your child has been identified as a close contact, we have already reached out to you. Should something change through the health department investigation, you will be notified as soon as possible.

We recommend that you take action to help limit the spread of COVID-19, even if your child is not experiencing symptoms.

The most important things you can do:

- Make sure your child is wearing [a mask](#).
- Make sure your child is [washing their hands](#).
- Keep your child home if they are sick.
- Call your primary care provider if you or your child has symptoms [of COVID-19](#).

What is COVID-19?

A new coronavirus causes COVID-19, which is an illness that was discovered in 2019. Coronaviruses are a type of virus that are named for the crown-like spikes on their surface. There are many kinds of coronaviruses including some that cause respiratory illnesses, like the common cold. The specific symptoms of COVID-19 include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

How does COVID-19 spread?

COVID-19 spreads mainly from having close contact with someone who has a COVID-19 infection. The virus is thought to spread by droplets from person to person when they speak, cough, or sneeze. Droplets travel less than 6 feet. When droplets from another person get in your mouth or nose you can inhale into your lungs. This virus can be spread by people without symptoms.

How can parents and guardians help prevent COVID-19 from spreading?

- If your child is sick, keep them home.
- Make sure members of your household wash their hands often using soap and water for 20 seconds.
- Make sure every member of your household covers their coughs and sneezes with a tissue or their elbow, and then washes their hands afterwards.
- Wear a mask in public when you cannot stay 6 feet apart from other people.

We are working with the Health Department to keep our community safe.

- We continue to follow the Health Department's guidance <https://covid19.ncdhhs.gov/guidance#child-care>.
- We cleaned and disinfected the Clover Garden School building(s) per the Health Department guidance.
- Employees and sick children will not return to work until they meet criteria to return.

Thank you for understanding that, due to medical privacy laws, we are not able to release the names of the individuals with COVID-19. We will continue to communicate changes and updates with you. With your participation, we believe we can create a safe and fun experience for your children.

If you have any questions, please feel free to reach out to me.

As always, thanks for all that you do,

Mrs. Vereyken
Director/Principal
Clover Garden School